

## OFFICE OF THE PRINCIPAL

### GOVERNMENT DEGREE COLLEGE BARAMULLA (AUTONOMOUS)

NAAC Accredited Grade 'A' and College with Potential for Excellence (CPE)



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No. GCB/PSY/Training/26/ 1002

May 11, 2026

### NOTICE

All the students of the Department of Psychology are hereby informed that a "One Day CPR and First Aid Training Program" is being organized by HELP HUMANS in collaboration with the Department of Psychology, Government Degree College, Baramulla, on May 14 (Thursday) and 15 (Friday), 2026 in the College Auditorium.

The programme is being organized to help students learn basic life-saving skills and emergency response techniques that can be useful in everyday life as well as in times of crisis. CPR and first aid training can help individuals respond quickly and confidently during medical emergencies and may even help save lives before professional medical assistance arrives.

Students pursuing Psychological First Aid as their Skill Enhancement Course (SEC) are informed that participation in this training programme is compulsory. Other students of the Department are also encouraged to participate actively and benefit from this important learning opportunity.

  
Principal

**Government Degree College, Baramulla**

#### Copy to:

- 1) Dean, Academics, Government Degree College, Baramulla for information.
- 2) Convener, IQAC, Government Degree College, Baramulla for information.
- 3) Head, Department of Psychology, GDC Baramulla for information and coordination.
- 4) Convener, Hospitality and Protocol, GDC Baramulla for information and necessary arrangements.
- 5) Convener, College Auditorium, GDC Baramulla for information and necessary arrangements.
- 6) In-charge, College Website and Social Media Handles for uploading the notice on the official platforms.
- 7) Head, Department of Media Studies, GDC Baramulla for information and capturing the proceedings of the program.
- 8) For display on College Notice Boards / prominent places for information of all concerned.
- 9) Office file for record and reference.