

Subject: Psychology

Course Title: **Contemporary Issues In Psychology**
Credits: Theory: 04; Practicum: 02

Course Code: **PSYC1422M**
Contact Hours: Th 64; Pr 64

***Objectives:** understanding causes and consequences of emerging social, ethical and technological issues and role of psychology in sorting out these issues.*

Learning Outcomes:

- 1. Understanding social, organizational and community contexts*
- 2. Intervention to social, organizational and community specific interventions*
- 3. Understanding and offering solutions to current issues of Psychology of Technology, violence, peace, terrorism and substance abuse*

THEORY: 4 CREDITS

Chapter-1 Social Issues

- Concept and Models of Social Stigma
- Psychological Issues Of Domestic Violence and Child Abuse
- Cultural biases: issues and debates
- Discrimination: what it is and how to cope.

Chapter-2 Psychology of Peace

- Concept and Scope of Peace Psychology; Emergence of Peace Psychology
- Violence, Types of Violence, Methods of Resolving Violence
- Theories of Conflict Resolution; Conflict Resolution at Macro Level
- Role of Media in Conflict Resolution

Chapter-3 Wellbeing and Self Growth

- Concept of Wellbeing: Hedonic and Eudemonic Wellbeing
- Models of Well Being
- Character Strength: Criteria of Character Strength

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- Self-Growth; Resilience and Post Traumatic Growth

Chapter-4 Psychology and Technology Interface

- Psychological aspect of technology and digital learning
- Implication of cyber bullying and cyber pornography
- Parental mediation of digital usage.

Practicum: 2 Credits

1. Well-Being
2. Cyber Bullying
3. Interview
4. Resilience

Suggested Readings

1. Baron, R.A., & Branscombe, N.R. (2016) Social Psychology (13th Ed.). Pearson
2. Brigham, J.C., (1981). Contemporary issues in Social Psychology (4th Ed.)
Brooks/Cole
3. Mayton.D. (2009). Non Violence and Peace Psychology. Springer
Kool,V.K., & Agarwal, R.(2016).Psychology of Technology (1st Ed.). Springer

Subject: Psychology

Course Title: **Psychopathology**

Course Code: **PSYC2422M**

Credits: Theory: 04; Practicum: 02

Contact Hours: Th 64; Pr 64

Objective: *To develop and understanding of the various psychological disorders and their treatment.*

Learning Outcomes:

1. *Understanding mental illness and interventions*
2. *Understanding the challenges in assessment, diagnosis and treatment of Psychological Disorders*
3. *Understanding the role of Psychosocial dimensions of Psychological Disorders*

THEORY: 4 CREDITS

Unit 1: Introduction:

- Concept and History of Psychopathology, Diathesis-stress model.
- Approaches to understanding Psychopathology (Biological, Psychoanalytic, Behavioural and Cognitive).
- General overview of classification systems (DSM & ICD)

Unit 2: Anxiety Disorders:

- Generalized anxiety disorder, Panic disorder and Social anxiety disorder (Diagnostic criteria, etiology and treatment).
- Selective Mutism and Separation anxiety disorder (Diagnostic criteria, Causation and treatment).

Unit 3: Obsessive compulsive and related disorders:

- Obsessive compulsive disorder, body dismorphic disorder and Hoarding disorder (Diagnostic criteria, causation and treatment).

Mood disorders:

- Depression, Mania and Major depressive disorder (Diagnostic criteria, etiology and treatment).

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Unit 4: Schizophrenia and related disorders:

- Schizotypal personality disorder and delusional disorder (Diagnostic evaluation, causation and treatment).

Substance related disorders:

- Alcohol use disorder, Cannabis use disorder and Opioid use disorder (Diagnostic criteria, effects and statistics)

PRACTICUM: 2 CREDITS

1. Case study (Mental status examination)
2. Millon's Clinical multi-axial inventory

Suggested Readings:

1. DSM-5-TR (2022) American Psychiatric Association.
2. Kring, A. M., Johnson, S. L., Davison, G & Neale, J (2014). *Abnormal Psychology* (Twelfth Edition), US: John Wiley and Sons.
3. Comer, R. J., & Comer, J. S. (2018). *Abnormal Psychology*, New York: Worth publishers.
4. Nevid, J. S., Rathus, S. A., & Greene, B. (2018). *Abnormal Psychology*, New York: Pearson.
5. Barlow, D. H., & Durand, V. M. (2015). *Abnormal Psychology: An Integrative Approach*, Canada: Cengage Learning.

Subject: Psychology

Course Title: **Organizational Psychology**
C redits: Theory: 04; Practicum: 02

Course Code: **PSYC3422M**
Contact Hours: Th 64; Pr 64

Objectives: *To introduce the basic concepts of Organizational Psychology and to understand the applications of psychology at the workplace.*

Learning Outcomes:

1. *Understanding Trade in Services & Goods*
2. *Psychological Management of organizational conflicts and other organization related psychological processes*
3. *Training in organization specific skills*

THEORY: 4 CREDITS

Unit 1: Introduction: Organizational Psychology and Current status, Challenges and opportunities.

UNIT 2: Work Related Attitudes: Job satisfaction and Job involvement; Organizational Commitment; Organizational Citizenship Behavior.

UNIT 3: Work Motivation: Theories and application; Herzberg's two factor theory and McClelland's need achievement theory.

Unit 4: Leadership: Contemporary perspectives on leadership (Trait Theories and Behavioral Theories); Leadership Styles (Transformational, Charismatic, Transactional, Democratic, Laissez faire).

PRACTICUM: 2 CREDITS (Any two from below 4 practicals)

1. Organizational Commitment
2. Job Satisfaction
3. Leadership
4. Work Motivation

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READING LIST:

1. Aamodt, M. G. (2001) Industrial Organizational Psychology. India: Cengage Learning.
2. Chadha, N.K. (2007) Organizational Behavior. Galgotia Publishers: New Delhi.
3. Greenberg, J. & Baron, R.A. (2007). Behaviour in Organizations (9th Ed.). India: Dorling Kindersley.
4. Robbins, S. P, Judge, T. A and Vohra, N (2013). Organizational Behaviour; (15 Ed.) Dorling Kindersley India.
5. Aswathappa, k. (2013). Organizational Behaviour: Text, Cases and games. (11Th Revised Ed.) Himalaya Publishing House New Delhi.
6. Luthans, F. (2009). Organizational behavior. New Delhi: McGraw Hill.
7. Muchinsky, P.(2006). Psychology applied to work: An introduction to industrial and organizational psychology. NC: Hypergraphic Press.
8. Pareek, U.(2010). Understanding organizational behaviour. Oxford: Oxford University Press